

Professional Workshops

hosted on Friday in the Seminole Ballroom

10:00am

Dance Vision Smooth Syllabus
with Toni Redpath & Michael Mead

11:00am

Dance Vision Rhythm Syllabus
with Nazar Norov

12:00pm

Basic Principles of 3 W's in Smooth
with Peter Perzhu

1:00pm

Let's Talk About that Standing Leg
with Ilya Reyzin

2:00pm

Increase Flexibility, Freedom & Space
with Heather Smith

3:00pm

Types & Technique of Cha-Cha Chasses
with Nazar Norov

5:00pm

**Mobility of Blocks of Weight to Create
a Powerful & Balanced Dancer**
with Slawek Sochacki & Marzena Stachura