

TIMINGS

NOTE: Timings given are allowable beats per bar NOTE: Timings given are allowable beats per bar
S = 2 Beats, Q = 1 Beat, & = half beat

| | BRONZE | SILVER | GOLD |
|----------------------------------|---|--|--|
| WALTZ 3/4 | 12&3 Only in Chassés danced with no turn or up to 1/4 turn max | All Bronze Timings 1&23, 123& | All Bronze and Silver Timings Two syncopations per Bar (in allowable figures only) 1&2&3& (Advanced Standing Spin only) |
| TANGO Counted 4/4 | SSQQ(S), SQQ, QQS, QQQQ, S(S), QQS QQ(&S) Brush tap (allowed only in Open Fan) | All Bronze Timings &SS, S&S, SS&, QQ&, QQ& (2 syncopations per bar) allowed in Closed Position Viennese Crosses for up to max of one bar. Q&Q& Double syncopated underarm turn only. | All Bronze and Silver Timings Q&Q& (in allowable figures only) |
| FOXTROT 4/4 | SSQQ, SQQ, QQS, QQQQ 8 Consecutive Q's grapevine only SQ&Q Only in Chassés danced w/ no turn or up to 1/4 turn max | All Bronze Timings &SS, S&S, SS&, &QQ, Q&Q, QQ& | All Bronze and Silver Timings Q&Q& (in allowable figures only) |
| V. WALTZ 3/4 | 123, 1(23), 1(2)3 | All Bronze Timings | All Bronze and Silver Timings (12)3, (1)2(3), (1)23, 12(3) |
| General | | Where Same Foot is allowed, a Foot change timing (by the leader) of one syncopation or a Canter timing within the bar. | Where Same Foot is allowed, a Foot change timing (by the leader) of one syncopation or a Canter timing within the bar. |