

TIMINGS

NOTE: Timings given are allowable beats per bar NOTE: Timings given are allowable beats per bar
S = 2 Beats, Q = 1 Beat, & = half beat

	BRONZE	SILVER	GOLD
WALTZ 3/4	12&3 Only in Chassés danced with no turn or up to 1/4 turn max, or Locks with no turn.	All Bronze Timings 1&23, 123&	All Bronze and Silver Timings Two syncopations per Bar (in allowable figures only) 1&2&3& (Advanced Standing Spin only)
TANGO Counted 4/4	SSQQ(S), SQQ, QQS, QQQQ, S(S), QQS QQ(&S) Brush tap (allowed only in Open Fan)	All Bronze Timings &SS, S&S, SS&, QQ&, QQ& (2 syncopations per bar) allowed in Closed Position Viennese Crosses for up to max of one bar. Q&Q& Double syncopated underarm turn only.	All Bronze and Silver Timings Q&Q& (in allowable figures only)
FOXTROT 4/4	SSQQ, SQQ, QQS, QQQQ 8 Consecutive Q's grapevine only SQ&Q Only in Chassés danced w/ no turn or up to 1/4 turn max, or Locks with no turn.	All Bronze Timings &SS, S&S, SS&, &QQ, Q&Q, QQ&	All Bronze and Silver Timings Q&Q& (in allowable figures only)
V. WALTZ 3/4	123, 1(23), 1(2)3	All Bronze Timings	All Bronze and Silver Timings (12)3, (1)2(3), (1)23, 12(3)
General		Where Same Foot is allowed, a Foot change timing (by the leader) of one syncopation or a Canter timing within the bar.	Where Same Foot is allowed, a Foot change timing (by the leader) of one syncopation or a Canter timing within the bar.