

## 28. HIP TWIST SPIRAL

MAN	Commence in Closed Facing Position, feet together, weight on RF		
STEP	FEET POSITIONS	AMOUNT OF TURN	COUNT
1.	LF forward	Body turn to R	2
2.	Replace weight to RF	Commence turning L	3
3-5	LF back to Chassé LRL Rondé Chassé	Body returns to original position	4 & 1
6.	RF back	Commence turning L	2
7.	Replace weight to LF	Continue turning L	3
8-10	RF to side to Chassé, RLR Hip Twist Chassé	Continue turning to complete 3/8 L over steps 6-10	4 & 1

End in Counter Promenade Position.

**Footwork:** Ball flat throughout except for Rondé Chassé.

**Leads:** Man releases R hand on Lady's back and raises L arm on steps 6 and 7 to lead Lady to Spiral turn, then lowers L arm gradually over steps 8-10, to end in Counter Promenade Position.

LADY	Commence in Closed Facing Position, LF forward, and weight on LF		
STEP	FEET POSITIONS	AMOUNT OF TURN	COUNT
1.	RF back	1/2 turn R	2
2.	Replace weight to LF	Commence turning L	3
3-5	RF forward on partner's R side to Chassé, RLR Hip Twist Chassé	Continue turning to complete 1/2 L over steps 2-4 1/8 R on step 5	4 & 1
6.	LF forward	Commence turning L	2
7.	RF forward, end with LF crossed loosely	Continue turning to complete 3/4 L over steps 6-7	3
8.	LF forward	Continue turning L	4
9.	RF closes to LF	Continue turning L	&
10.	LF to side	Continue turning to complete 5/8 L over steps 8-10	1

End in Counter Promenade Position.

**Footwork:** 1 - Ball flat, 2 - Ball flat, 3 - Ball, 4 - Ball flat, 5 - Ball flat, 6 - Ball flat, 7 - Ball, 8 - Ball flat.