

DVIDA Hustle Syllabus Figures

Bronze	Silver	
<ul style="list-style-type: none"> A. Back Break B. Side Break C. Forward Break 1. Hesitation 2. The Wheel 3. Underarm Turn Combination (You Go, I Go, You Go) 4. Leader's Behind the Back Pass and Follower's Bridge 5A. Cross-Body Lead 5B. Cross-Body Lead with Open Break and Return 6. Return to Face Loop 7. Double Hand Hold Bridges 8. The Whip 9A. Cradle with Continuous Left 9B. Cradle In and Out 10. Back Spot Turn 11. Grapevine 12. Sliding Door 13. Cross Body Lead with Inside Turn 14A. Shadow with Comb 14B. Shadow with Free Spin 15. New York Walk 	<ul style="list-style-type: none"> A. Follower's Syncopated Back Break B. Follower's Syncopated Side Break C. Leader's Back Cross Basic D. Progressive Side Break E. Progressive Back Break 1. Shadow to Comb with Left Turn Exit 2A. Progressive Shadow 2B. Continuous Shadow 3. Traveling Shadow 4A. NY Walk with Styling – Visual 4B. NY Walk with Styling – Leader's Left Turn 5A. Las Vegas – Basic Timing 5B. Las Vegas – Syncopated Timing 6A. Change of Sides to Wrap 6B. In and Out Wrap 6C. Behind the Back Wrap 6D. Wrap with Leader's Turn 7A. Left Arm Hammerlock 7B. Right Arm Hammerlock 8. Leader's Behind the Back Pass Full Turn 9A. Double Outside Turn 9B. Lollipop Turn 10. Illusion Turns (Touch and Go) 11A. 4 Count Turn – Free Spin 11B. 4 Count Turn - Back Roll 12. T-Turn 13. Basic Swivel 14. 8 Count Diva Walks 15. Slide of Hands 	