

DVIDA American Smooth Gold Syllabus Figures

	Waltz	Foxtrot	Tango	V. Waltz
Intermediate Gold	1. Open Left Whisk 2. Chassé to Shadow 3. Shadow Telespin 4. Shadow Curve & Back Lock 5. Double Leg Rondé	1. Open Grapevines 2. Continuous Hairpins 3. Passing Changes 4. Oversway to Shadow 5. Half Turns in Shadow	1. Rondé to Shadow 2. Shadow Back Lock 3. Viennese Turn in Shadow Position 4. Pivot & Spiral 5. Skater's Walk	1. Open Right Turn to Shadow 2. Open Right Turn in Shadow Position 3. Left Turn Connection 4. Barrel Roll 5. Shadow Skips
Full Gold	6. Flip & Spin 7. Syncopated Pivots 8. Syncopated Open Natural Turn In Shadow Position 9. Free Turn to Fallaway 10. Contra Check Combination	6. Advanced Gem 7. Curve & Roll 8. Hairpins in Shadow 9. Check & Sway 10. Hinge to Shadow	6. Advanced Drag 7. Back Checks 8. Roll to Oblique Line 9. Open Check 10. Telerondé to Throwaway Oversway	6. Arabesque Combination 7. Double Leg Rondé 8. Roll In & Out 9. Tandem Turns to Brush Hops 10. Progressive Forward Checks