

**10. SHADOW POSITIONS – LEADER**

Commence in CP						
STEP	FOOT POSITION	DANCE POSITION	LEAD	TURN	COUNT	SUMMARY
1-13	1-13 of Cross-Body Lead	As 1-13 of Cross-Body Lead, end in LShadP on 13	As 1-11 of Cross-Body Lead. On 12, change to a R-to-R HH and lead Follower to step across Leader's body on 12, and then to turn L on 13 by contracting R arm in a CCW motion	As 1-11 as Cross-Body Lead, 1/8 turn L over 12 & 13	1 2 3 4 & 1 2 3 4 & 1 2 3	<b>1<sup>st</sup> – 3<sup>rd</sup> Meas:</b> Cross-Body Lead, end in LShadP
14-16	Forward run, RLR	LShadP	Place L hand on Follower's L shoulder blade	Nil	4 & 1	<b>4<sup>th</sup> Meas:</b> LF Crossover Break in LShadP
17	LF forward	LShadP	WC	Nil	2	
18	Replace wt to RF	LShadP	Maintain tone in R arm, release L hand from Follower's shoulder blade	1/4 turn L over 18 & 19, Nil on 20 & 21	3	
19-21	Side chassé, LRL	LShadP to FacP to RAP (R-to-R HH)	Lead Follower to face Leader for 19 & 20 and to turn R to RAP on 21		4 & 1	<b>5<sup>th</sup> Meas:</b> Second half of Cross-Body Lead, end in LShadP
22	RF back	RAP (R-to-R HH)	Lead Follower to step across Leader's body on 22, and then to turn L on 23 by contracting R arm in a CCW motion	1/4 turn L over 22 & 23	2	
23	Replace wt to L F	trans			3	
24-26	Forward run, RLR	trans to LShadP	Place L hand on Follower's L shoulder blade	Nil	4 & 1	<b>6<sup>th</sup> Meas:</b> LF Crossover Break in LShadP, LF side chassé (Prep FUATR)
27	LF forward	LShadP	WC	Nil	2	
28	Replace wt to RF	LShadP	Maintain tone in R arm, release L hand from Follower's shoulder blade	1/4 turn L over 28 & 29, Nil on 30 & 31	3	
29-31	Side chassé, LRL	LShadP to Prep FUATR	Change to L-to-R HH and raise L hand slightly leftwards		4 & 1	
32	RF behind LF, TTO	UAT	Circle L hand CW to lead Follower to spot UATR	1/8 turn R	2	<b>7<sup>th</sup> Meas:</b> RF Fifth Position Break (Follower's spot UATR)
33	Replace wt to LF	UAT		Nil	3	
34-36	Side chassé, RLR	CP	Regain CP	1/8 turn L on 34, Nil on 35 & 36	4 & 1	<b>8<sup>th</sup> Meas:</b> Second half of Side Basic
37 - 40	7-10 of Side Basic	CP	WC	Nil	2 3 4 &	

**Footwork:** Ball Flat throughout

**Note for Leader:** The forward runs on steps 14-16 and steps 24-26 may be replaced with forward locks.